

# D.C. Everest

**Senior/Junior High School/Middle School**



**Athletic Handbook**

(Revised June 2008)

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## **D.C. Everest District Mission Statement**

D.C. Everest Area School District, in partnership with the community, is committed to being an innovative educational leader in developing knowledgeable, productive, caring, creative, responsible individuals prepared to meet the challenges of an ever-changing society.

## **Philosophy**

Athletics are an integral part of the D.C. Everest School District's educational program. Athletics provide unique opportunities for students to promote their mental, physical, social, and emotional development. Athletics are a valuable extension of the traditional classroom providing student-athletes opportunities to develop and demonstrate character traits of respect, responsibility, self-discipline, integrity, and compassion. Everyone involved in D.C. Everest athletics strives for excellence in preparation, performance, and sportsmanship, and appreciates the community support of our programs. D.C. Everest student-athletes and their parents or guardians recognize that the privileges and benefits of participation depend on fulfilling the accepted responsibilities of participation.

## **Goals of Interscholastic Athletics**

In participating in an athletic program, each student has the opportunity not only to strive for the achievement of personal goals, but also to represent the D.C. Everest Area Schools and our community in interscholastic competition. This handbook has been developed with the input of students, parents, teachers, coaches, and administrators to define the philosophy, rules, and regulations for participation in athletics that are believed to be in the best interest of our athletes.

Our goals for interscholastic athletics are as follows:

- \* To provide activities for learning self-discipline, leadership skills, loyalty, team play, personal pride, pride in the organization, respect for the rights of others, and the will to win.

- \* To provide challenges for students through participation in interscholastic competition.
- \* To provide activities that help to create school unity.
- \* To help students learn habits of health, sanitation, and safety.
- \* To promote friendship, both with teammates and opponents.
- \* To help students realize that participation in interscholastic athletics is a privilege with accompanying responsibilities.
- \* To place the unit, team, squad, class, and school above personal desires.
- \* To promote the enjoyment of athletics by students through the satisfaction gained from self-improvement.

### **Responsibilities**

The opportunity to participate in our interscholastic athletic program is extended to all students who are willing to assume certain responsibilities. To be a credit to you, your family, team, school and community you should display high standards and exemplify good sportsmanship, show respect for others, accept academic responsibilities, actively support the athletic code, and help and encourage fellow athletes to do the same, and meet all WIAA and D.C. Everest eligibility requirements. It is the responsibility of each athlete to know and follow the rules and procedures listed.

### **Procedure for Joining an Athletic Team**

Attending the scheduled sign-up meeting for the sport of your choice is strongly recommended and is the most convenient way to obtain information and necessary forms. Procure the following items from the coach, main office, or athletic director and return them to the main office or athletic director when completed:

1. Athletic physical permit card or athletic alternate year card. An athlete must have a physical examination by a licensed physician every other year. (For the second year of the

cycle an alternate year athletic permit card must be completed.)

2. Proof of insurance and a pledge agreement signed by both a parent/guardian and the athlete. (A sample pledge card is appended to this document.)
3. Emergency information card.
4. User or participation fee.

No athlete may start practice or receive any equipment until the items listed above are properly processed.

### **D.C. Everest Athletic Programs**

<u><b>Boys</b></u>	<u><b>Girls</b></u>
Cross Country (F) .....6 – 12	Cross Country (F)..... 6 – 12
Football (F) .....8 – 12	Dance (F, W) ..... 8 – 12
Soccer (F).....7 – 12	Swimming (F) ..... 6 – 12
Basketball (W) .....7 – 12	Tennis (F) ..... 9 – 12
Curling (Club) (W) ....9 – 12	Volleyball (F) ..... 7 – 12
Hockey (W).....9 – 12	Basketball (W)..... 7 – 12
Skiing, Downhill (W).9 – 12	Curling (Club) (W).... 9 – 12
Wrestling (W) .....6 – 12	Gymnastics (W)..... 9 – 12
Baseball (S).....9 – 12	Hockey (W) ..... 9 – 12
Golf (S) .....9 – 12	Skiing, Downhill (W) 9 – 12
Tennis (S).....9 – 12	Soccer (S) ..... 7 – 12
Track (S) .....7 – 12	Softball (S) ..... 8 – 12
	Track (S)..... 7 – 12

Club sport athletes may letter if they follow the rules in the D.C. Everest Athletic Handbook, which includes the WIAA rules. Any deviation from these rules must have school board approval. The club sport advisor will administrate and monitor these rules and regulations with guidance from the athletic director and principal.

**Equal Education Opportunity Pupil Non-discrimination Provisions** ~ The privilege of a student to participate fully in extra-

curricular activities shall not be abridged or impaired because of sex, race, religion, ancestry, creed, sexual orientation, national origin, pregnancy, marital or parental status, financial status, physical, learning, mental, social/emotional disability, or handicap.

### **Awards**

An awards program for each team will be held at the conclusion of each season. The D.C. Everest athletic awards are presented in recognition of athletic accomplishment.

The athlete must finish the season in good standing in order to qualify for an award. Under special or unusual circumstances, the coach may recommend an award be given though the specific award requirements are not met.

An athlete who fulfills the varsity letter requirements will receive a chenille "E" letter. The coach may recognize outstanding accomplishments in each sport by presenting the Most Valuable and Most Improved player awards. Other awards such as memorials and scholarships are presented according to the criteria established by the donors.

## **WIAA Rules of Eligibility (in part)**

Your school district is a member of the Wisconsin Interscholastic Athletic Association. The following rules and regulations are developed by the member schools of the WIAA and govern the participation by boys and girls in school athletics and in some instances, impact upon sports activities outside the school.

This information is a summary of the WIAA OFFICIAL HANDBOOK as it pertains to those rules and regulations. Both student-athletes and their parents should have an understanding of these requirements. Equally important is that student-athletes and/or parents talk to their principal or athletic director if they have any question about these regulations. For additional information on Rules of Eligibility see the WIAA Handbook, or visit the WIAA website at [www.wiaawi.org](http://www.wiaawi.org).

Student-athletes, as well as parents are asked to read this information, then sign it and have their signature statement (attached) on file at their school prior to practicing and competing.

These are WIAA eligibility rules:

### **AGE**

Senior High: A student shall be ineligible for interscholastic competition if he/she reaches his/her 19th birthday before August 1 of any given school year.

Junior High / Middle Level: A student shall be ineligible for interscholastic competition as a member of a team consisting of grades 6, 7, and 8 students if he/she reaches his/her birthday before August 1 of any given school year (6<sup>th</sup> grade – 13, 7<sup>th</sup> grade – 14, 8<sup>th</sup> grade – 15).

### **ACADEMICS**

A student-athlete must meet school and DPI requirements defining a full-time student and have received no more than one failing grade (including incompletes) in the most recent school issued grade reporting period. Note: Some member schools adopt code and academic policies and other participation requirements which

are more stringent than WIAA minimum requirements. In those instances the schools requirements prevail and must be applied as written.

### **ATTENDANCE**

A student-athlete is eligible for interscholastic competition at a member school if he/she is carried on the attendance rolls as a duly enrolled full-time Grade 6-12 student in that member school. (Subject to satisfying all other eligibility requirements.)

Note: A full-time student is further defined as one where the member school is responsible for programming 100% of the student's school day. The student is eligible for like or similar awards, privileges and services as all the other students and meets all obligations and responsibilities as other students, without exception.

- A. A student must complete eligibility in the four consecutive years starting with Grade 9 and the three consecutive years starting with Grade 10, unless there are documented extenuating circumstances and a waiver has been provided.
- B. A student is ineligible if he/she has graduated from a school offering studies through Grade 12 or its equivalent.
- C. A student who graduated in May or June retains eligibility for (a) any portion of a spring athletic schedule not completed by the end of the academic year and (b) the school's summer athletic schedule.
- D. A student is ineligible if he/she has not been enrolled in some school by the 17th day of a semester or trimester, except upon request of a school in special cases involving sickness, accident, military service, social services assignment, e.g.
- E. A student-athlete may not participate in school sports in more than four different years, and a student-athlete may not participate in the same sport more than one season each school year.

### **DETERMINING RESIDENCE FOR PUBLIC SCHOOL STUDENTS**

A full-time student, whether an adult or not, is eligible for varsity interscholastic competition only at the school within whose attendance boundaries his/her parents reside, within a given school district, with these additional provisions:

- A. Board of Education approved full-time student(s), paying their own tuition and residing full time with parents in their primary residence shall be afforded eligibility. Transfer students are subject to provisions outlined in the transfers section of this document and in the Senior High Handbook.
- B. The residence of a student's guardians shall determine eligibility in cases where both parents of a student are deceased. The execution of guardianship papers in situations where one or both parents are living does not by itself make a student eligible.
- C. In the event of a divorce or legal separation, whether pending or final, a student's residence at the beginning of the school year shall determine eligibility, except in situations involving transfer after the fourth consecutive semester following entry into grade 9. For the purpose of this rule, attendance at one day of school and/or attendance at one athletic practice shall determine 'beginning of school year.' Under this rule, a student who transfers after the beginning of the school year shall be ineligible at the new school unless approval is granted by the Board of Control in accordance with the transfer and/or waiver provisions as described in the WIAA HS Handbook.
- D. A student whose tuition is paid by the school within whose attendance boundaries parents reside or by the state and is enrolled in a district approved program may be eligible at either school (first priority to school of residence) but (a) may not participate at both schools in the same year and (b) academic ineligibility accompanies student upon transfer. Transfer restrictions may also apply.
- E. A student whose tuition is paid by the school within whose attendance boundaries parents reside or by the state or who is participating full time in a legislated open enrollment option

must meet all statutory timeline requirements. This provision extends the opportunity to decline attendance at the new school and continue at his/her school of residence. If the student begins the school year at the new school and then transfers back to school of residence after attending one or more days of school or one or more athletic practices, he/she shall be subject to transfer provisions as outlined in the transfer Section of this document.

- F. A student may continue being eligible in the same school even though parent(s) and/or student move from within that school's attendance boundaries, provided enrollment is continuous (unbroken in that school).
- G. After a student-athlete has not participated and/or has had their eligibility restricted for one calendar year due to reasons relating to residence and/or transfer, he/she becomes eligible.
- H. A student-athlete will not be eligible if his/her attendance at a particular school resulted from undue influence (special consideration because of athletic ability) on the part of any person.
- I. A student-athlete who has been declared ineligible at a school for disciplinary reasons, academic reasons or due to another State Association's provision retains that ineligibility status if he/she transfers to another school.
- J. Except in situations involving transfer after a student's fourth consecutive semester, a full-time student whose residence in a given district and attendance at a member school does not conform with any of the provisions outlined above shall be eligible for nonvarsity competition only, for one calendar year, unless a waiver is provided as outlined in the WIAA HS Handbook under Waivers. Transfer students are subject to transfer provisions as outlined in the transfer section of this document and in the Senior High Handbook.

A full-time student, whether an adult or not, is eligible for varsity interscholastic competition only if the student is residing full time with parents in their primary residence with these additional provisions:

- A. In the event of a divorce or legal separation, whether pending or final, a student's residence at the beginning of the school year shall determine eligibility except in situations involving transfer after a student's fourth consecutive semester. For the purpose of this rule, attendance at one day of school and/or attendance at one athletic practice shall determine 'beginning of school year'. Under this rule, a student who transfers after the beginning of the school year shall be ineligible at the new school unless approval is granted by the Board of Control in accordance with the waiver provisions as described in the WIAA HS Handbook under Waivers. Transfer restrictions may also apply.
- B. Residing full time with guardians shall determine eligibility in cases where both parents of a student are deceased. The execution of guardianship papers in situations where one or both parents are living does not by itself make a student eligible.
- C. A student may continue being eligible in the same school even though parent(s) and/or student move from within that school's traditional attendance area, provided enrollment is continuous (unbroken in that school).
- D. Except in situations involving mid-year transfer and/or transfer after the fourth consecutive semester students attending member residential schools shall be eligible at the member school provided they reside at the school or reside full time with parents in their primary residence.
- E. Except in situations involving transfer after a student's fourth consecutive semester, a full-time student attending a nonpublic school but not residing in accordance with any of the provisions outlined above shall be eligible for nonvarsity competition only, for one calendar year, unless a waiver is

provided as outlined in the WIAA HS Handbook under Waivers.

### **TRANSFERS**

A full-time student may be afforded up to eight consecutive semesters of interscholastic eligibility upon entry into Grade 9. **Transferring schools at any time may result in restrictions being imposed on eligibility, or in some cases a denial of eligibility.** For the purpose of this rule, attendance at one day of school and/or attendance at one athletic practice shall determine 'beginning of school year.' These additional provisions relate to transfer cases:

- A. A student who transfers from any school into a member school after the fourth consecutive semester following entry into Grade 9 shall be ineligible for practice and competition for one calendar year, unless the transfer is made necessary by a total change in residence by parent(s). The calendar year (365 days) will be determined from a student's first day of attendance at the new school.
- B. Open enrolled and/or tuition paying students entering 6<sup>th</sup> to 10<sup>th</sup> grade at the beginning of the school year and who are within the first four consecutive semesters of high school will be afforded unrestricted eligibility provided all other rules governing student eligibility are met.
- C. Open enrolled and/or tuition paying students entering 11<sup>th</sup> and/or 12<sup>th</sup> grade as transfer students are ineligible to practice and/or compete for one calendar year.
- D. 6<sup>th</sup>-9<sup>th</sup> grade students who transfer after the beginning of the school year and with written consent from both schools directly involved may be provided nonvarsity opportunities for the remainder of the school year. Restrictions are removed upon entering 10<sup>th</sup> grade.
- E. 10<sup>th</sup> grade students who transfer after the beginning of the school year and with written consent from both schools directly involved may be provided nonvarsity opportunities for one

calendar year (365 days beginning with first day of attendance at the new school).

- F. In the event of divorce or legal separation, whether pending or final, residence at the beginning of the school year shall determine eligibility for students entering 6<sup>th</sup>-10<sup>th</sup> grade. In situations involving transfer after the fourth consecutive semester following entry into grade 9 the student is ineligible to practice and compete for one calendar year.
- G. District policies with respect to intra-district transfer do not supercede WIAA transfer rules in situations involving post-4<sup>th</sup> semester transfers. Intra-district transfers occurring after the fourth consecutive semester following entry into grade 9 result in the student being ineligible for practice and competition for one calendar year (365 days beginning with first day of attendance at the new school).
- H. Unless transfer, including an accompanying change of parents residence, is effective at the outset of a semester, a student cannot establish eligibility at his/her new school until the fifth calendar day of such transfer.
- I. If within the first four consecutive semesters following entry into grade 9, a student who transfers more than once in any given school year shall be ineligible for all interscholastic competition for the remainder of that current school year and will be eligible for nonvarsity opportunities only for the balance of the calendar year. In situations involving transfer after the fourth consecutive semester following entry into grade 9 the student is ineligible to practice and compete for one calendar year.
- J. A student may not have eligibility in more than one member school at the same time. A parent or parents who move from a primary residence within one school's attendance boundaries, to a secondary residence within another school's attendance boundaries, may be required by the Board of Control to provide evidence of a total move.

- K. A student who transfers from any school, whether or not a member school, with a status of ineligibility for disciplinary reasons, academic reasons and/or as a result of another State Association's regulation or sanction, retains such status at his/her new school for the same period as decreed by the former school.
- L. No eligibility will be granted for a student whose residence within a school's attendance boundaries, with or without parents, or whose attendance at a school has been the result of undue influence (special consideration due to athletic ability or potential) on the part of any person, whether or not connected with the school.

**PHYSICAL EXAMINATION and PARENT'S PERMISSION**

A student-athlete whether an adult or not, must have written permission of parents to participate in school athletics and he/she must have a physical examination (signed by a licensed physician or advanced practice nurse prescriber) every other school year.

A physical examination taken April 1 and thereafter is valid for the following two school years. Physical examination taken before April 1 is valid only for remainder of that school year and the following school year.
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**TRAINING and CONDUCT**

A student-athlete must follow his/her school's code of conduct (training rules) on a year-round basis.

**AMATEUR STATUS**

A student-athlete must be an amateur in all recognized sports of this association in order to compete in any WIAA sport.

- A. A student-athlete may not accept, receive or direct to another, reimbursement in any form of cash or merchandise such as shirts, jackets, sweaters, sweatshirts, jerseys, warm-ups, equipment, balls, duffelbags, backpacks, watches, rings, billfolds, coupons, gift certificates, regardless of their value for athletic accomplishments, such as being on a winning team,

being selected for the school varsity team, or being a place winner in an individual tournament, e.g.

- B. A student-athlete may receive awards for school achievement which are symbolic (non utilitarian) in nature – badges, certificates, trophies, medals, banners, ribbons, pictures, plaques, event T-shirts, event hats, game balls, unattached emblems, letters, season highlight DVD or video, e.g.
- C. A student-athlete may not receive compensation or benefit, directly or indirectly, for the use of name, picture, and/or personal appearance, as an athlete. This includes receiving free and/or reduced rates on equipment, apparel, camps/clinics/instruction and competitive opportunities that are not identical for all other participants.
- D. A student-athlete may not be identified as an athlete, provide endorsement as an athlete or appear as an athlete in the promotion of a commercial/advertisement and/or profit-making event, item, plan, or service.
- E. A student-athlete may not participate in school athletics or in sports activities outside the school under a name other than his/her own name.

### **SPORTS ACTIVITIES OUTSIDE OF SCHOOL**

A student-athlete in a given sport may not compete in that same sport outside of school either as a team member or an individual or independent entry during the same time he/she is participating with the school team.

- A. WIAA rules do not prevent athletes from practicing with nonschool teams or from receiving private skills instruction during the school season. However, they may not participate in any nonschool games, including scrimmages against other teams.
  - (1) This restriction applies to normal nonschool games as well as “gimmicks,” such as reduced numbers competition (3-on-3 basketball, 6 player soccer, e.g.), specific skill

contests (punt, pass, and kick, shooting contests, free throws, 3 point, e.g.), fun runs, etc.

- (2) A student who was a member of a school team during the previous year may not delay reporting for the school team beyond the school's official opening day of practice in order to continue nonschool training and/or competition.
- B. During the school year before and/or after the school season of a sport, a student-athlete may participate in sport activities outside of school with these restrictions:
- (1) A student-athlete must not participate in nonschool programs, activities, camps, clinics and/or competition that is limited to individuals who are likely to be candidates for the school team in that sport in the following season.
  - (2) Nonschool activities in which students are engaged may not resemble in any way a school team practicing or competing out-of-season.
- C. In the summer nonschool roster restrictions are not in effect and members of a schools team may voluntarily assemble with their teammates (without school and/or school coach involvement) at their own discretion.
- D. A student-athlete or his/her parents must pay the fee for specialized training or instruction such as camps, clinics, and similar programs.
- E. A student-athlete may not be instructed except during the school season of a sport and approved summer contact days by the person who will be his/her coach in that sport in the following school season. The sports of baseball, cross country, golf, gymnastics, softball, swimming, tennis, track & field, and wrestling are exempt from this rule, BUT only (a) during the summer months and (b) if the program involved is not limited to individuals who are likely to be candidates for the school team in that sport in the following season.

F. A student-athlete must not participate in an all-star game or similar contest except for summertime activities (a) within the same league or program (e.g., softball game between divisions of same league) or (b) in which a team is selected to represent a league in post-season play (e.g., Babe Ruth league team). Some post-season all-star opportunities may be permitted for 12th graders who have completed high school eligibility in a particular sport. Check with your Athletic

**D.C. Everest Athletic Insurance/Injury Information**

1. All athletes must be covered by insurance before participating in a sport.
2. Student accident insurance is offered by D.C. Everest School District. Student accident insurance plan forms may be obtained from the office at each school.
3. All injuries must be reported immediately to the coach or advisor in charge who will refer the participant to the trainer, the school nurse, or other appropriate person. The trainer or nurse will, in turn, refer the participant to a doctor if any doubt exists as to the participant's personal safety.

**D.C. Everest Coach's Expectations**

In addition to the conduct rule listed in the following section, coaches will establish in writing other expectations approved by the administration for all athletes in that sport. Any discipline involving suspension or dismissal from the sport, will be jointly established by the coach and athletic director. The coach will contact the athlete and parent(s)/guardian(s) if a suspension or dismissal is in order. Violations of the coach's expectations are cumulative only during each season.

Coach's expectations may address, but are not limited to:

1. practice rules
2. locker room rules
3. game conduct
4. transportation conduct

5. equipment care
6. unacceptable language
7. dress code, personal appearance, hygiene
8. training hours or curfew
9. tardiness and absences from school and practices
10. attitude
11. lettering requirements
12. other

Because the expectations referred to above cover a multitude of possible violations with a varying degree of severity, the consequences may also be very broad. It is the intent to apply appropriate consequences to violations. These consequences may vary from a verbal reprimand to the loss of eligibility for the remainder of the current season.

#### **D.C. Everest Additional Rules of Eligibility**

1. An athlete serving an academic or conduct suspension may not dress for pre-game, games, or meets.
2. If an athlete has more than one failing grade at the conclusion of any grading period, upon detection that athlete will be suspended for a period of 15 school days. (Fall Sports - the lesser of 21 calendar days beginning with the date of earliest allowed competition in a sport or one-third of the maximum number of games/meets allowed in a sport.
3. If an athlete has more than one incomplete, or one incomplete and any failing grades, at the conclusion of any grading period, upon detection that athlete will be suspended. A student regains eligibility immediately if incompletes are made up within two weeks after a grade-reporting period.
4. If an athlete is ineligible due to grades, the athlete will not be excused from school for competition or riding a bus to an away event unless the athlete is passing all classes.
5. An athlete must be in school the full day in order to participate in games, meets, or practices. An athlete may be excused for

- doctor, dentist, therapy appointments, or absences approved by the athletic director or principal.
6. If an athlete has an athletic code violation after the competitive season, but prior to the awards program, that athlete will not receive his/her awards until the suspension has been served.
  7. An athlete may compete in only one sport in any one season. An athlete who is dropped from one squad for disciplinary reasons, or who quits, shall be ineligible to compete in another sport for that particular season without mutual agreement of both coaches. However, any student who is cut from a squad may compete in another sport during that season.
  8. All athletes are required to travel to and return from athletic contests on transportation provided by the school. The only exception to this rule is that if a parent is at the out-of-town site, he or she may request that the athlete return with the parent. This request must be made in writing and in person to the coach in charge. In emergency situations an athlete may drive him/herself to the event if the proper forms are on file in the front office and the Athletic Director or Principal grants permission.
  9. If a physician holds or removes an athlete from competition or practice, the coach must receive clearance from a physician before the athlete can participate in practices, meets, or games.
  10. An athlete may not go out for a sport to serve a suspension after two weeks of the start of the season. An athlete who is ineligible may, with the approval of the head coach and athletic director, go out for a sport after the first two weeks of the season but will have to serve the suspension in that sport and in the next sport he/she goes out for.
  11. An athlete must attend all practices during a suspension and follow the coach's expectations.
  12. Each athlete is responsible for the school equipment issued him/her. All lost equipment must be paid for by the athlete to whom it was issued before further participation in athletics will be permitted. Any athlete having equipment not issued to that

athlete faces Athletic Council action, which may prevent her/his further competition.

13. An athlete is expected to dedicate the time specified for practice by the coach. Regular attendance at practice is required.
14. If the number of athletes trying out for a sport is more than the facilities and equipment can reasonably and safely accommodate, selection will be made by the coaching staff based on previous participation, ability, attitude, and work ethic.

### **D.C. Everest Code of Conduct**

Training rules are established for the best interests of the athletes and the team. The athlete who complies with these rules demonstrates a desire to dedicate himself or herself to self-improvement as well as to act in the best interest of his/her team and school. All athletes must observe year round training rules, refraining from any conduct at anytime that would reflect unfavorably on him/herself or the school.

#### **Substance Abuse**

Such conduct includes, but is not limited to drug abuse including sale, possession, or illegal use or purchase of alcoholic beverages, smoking or chewing tobacco, street drugs, creatine, and other performance enhancing substances.

#### **Conduct Unbecoming an Athlete**

Conduct unbecoming an athlete may include but is not limited to: 1) violation of law; 2) vandalism; 3) attending parties in which alcohol or other drugs are present; 4) disrespect to school authorities; 5) repeated violation of school rules including hazing or harassment; 6) immoral conduct; 7) inappropriate use of the Internet or other technology devices including derogatory statements about officials, opponents, coaches, team members, and peers; 8) hindering an investigation of an alleged incident by providing false or misleading information.

### **Penalties for Violations**

WIAA rules demand that all participating schools have year-round training rules. Participation in interscholastic athletics is a privilege, and failure to abide by the established rules may result in withdrawal of that privilege. An athlete reported for a violation of any of the training, eligibility or conduct rules may be required to appear before the Athletic Council. Any such appearance before the Athletic Council shall be conducted in accordance with the procedures described later in this handbook. All penalties will be imposed under the jurisdiction of the Athletic Council.

### **Substance Abuse**

1. A first violation will result in suspension from the team for not less than 30% of the season the athlete is participating in or the next season the athlete participates in if he/she is currently not participating in a sport. If the athlete who when initially confronted about the offense and the athletic council meeting is honest and cooperative, may have the 30% suspension reduced to 20%.
2. A second violation will result in suspension from the team for not less than 50% of the season the athlete is participating in or the next season the athlete participates in if he/she is currently not participating in a sport. The maximum penalty will be one calendar year.
3. A third violation will result in suspension from all athletics for the remainder of the student's enrollment in the D.C. Everest School District. A student may, however, request an Athletic Council review after one full calendar year from his/her last code violation, if during that time of suspension the athlete has remained free from any additional athletic code violations. The Athletic Council may grant eligibility if it determines the athlete or situation warrants it.
4. Athletes hindering the investigation of an alleged incident by giving false or misleading information may be subject to

receiving the minimum next penalty level, with the possibility of losing their eligibility permanently.

5. An athlete must be eligible for the games/meets in order to serve a suspension.
6. Substances classified or presented as “look-alikes” shall be considered and responded to as if they were, in fact, the actual chemicals.
7. If the suspension comes at the end of a season, he/she will serve the remaining portion of the suspension in the next sport season that he/she goes out for. No school awards will be given until the remaining portion of the suspension is served and he/she finishes the season in good standing.
8. If the suspension results in a student being suspended for one or more WIAA tournament competitions, the athlete shall be disqualified for the remainder of total tournament series in that sport.
9. If an athlete does not finish the season in good standing, the suspension in its entirety will be served during the next sport season the athlete goes out for. “Good Standing” means the athlete will complete the season to the head coach’s expectation and standards.
10. Any record of athletic code violations will be expunged from an athlete’s code violation file if the athlete remains free of athletic code violations for three full calendar years from the last recorded violation. At this time the athlete will be given a clean slate and the next violation will be considered his/her first.

### **Conduct Unbecoming an Athlete**

For conduct unbecoming an athlete (excluding substance abuse), the Athletic Council shall set down penalties, if any, depending on the nature of the violation and the number of offenses that the athlete has committed.

### **School Disciplinary Suspensions**

1. If an athlete has been suspended “in school”/directed studies or serves a Saturday detention, he/she will be allowed to practice, but will not be allowed to dress or participate in any meet or game on that day. If it occurs on a Friday, he/she will be allowed to participate in a Saturday event.
2. If an athlete has been suspended “out of school” he/she will not be allowed to participate in the team’s activities (including practices) during the entire suspension. If it occurs on a Friday, the athlete will not be allowed to participate or dress for a Saturday event or practice.

### **Parent(s)/Guardian(s) or Athlete**

#### **Confidential Self Referral to Student Services**

An athlete or his/her parent(s)/guardian(s) may seek help through a school counselor. The school counselor will work with the athlete in strict confidence and may make an appropriate referral. Nothing will be communicated to the coach or administration. The athlete will be allowed to continue to participate in practices and contests while in an assistance program. However, if the coach or administration independently learns of a violation, penalties will be imposed.

### **The Athletic Council**

The D.C. Everest Senior/Junior High/Middle School Athletic Councils are composed of the following: the principal, an assistant principal, the athletic director, the head coaches involved with the athlete and one coach elected for a one year term by his/her coaching peers.

The Athletic Council shall meet as often as necessary and will take action in a fair and impartial manner. Minutes of the meeting will be recorded and kept by the athletic director. The Senior High Athletic Council will deal with athletes who participate in an athletic program at the Senior High and violate the code of conduct. The Junior High/Middle School athletic director or the

Junior High/Middle School Athletic Council (athlete's choice) will deal with athletes who participate in an athletic program at the Junior High or Middle School and violate the code of conduct.

If the Athletic Council cannot meet prior to the game, meet, or awards night that the athlete is participating in, the Athletic Director or the Principal may suspend the athlete from participation or receiving any award. The athlete and parent/guardian will be notified prior to the event.

Any game or meet suspensions that occur prior to the council meeting will be included in the total suspension that the student/athlete must serve.

In all cases, the Athletic Council action, the athlete shall have a fair hearing, and the following process shall be used:

1. The athlete and parent(s) will be informed in writing of the nature of the accusation.
2. An athlete shall be entitled to a fair hearing before the Athletic Council. Parent(s) or other representatives of the athlete's choice may attend the hearing on the athlete's behalf.
3. If an athlete wishes to appeal the decision of the Athletic Council, he/she may file the appeal with the Superintendent of Schools within ten days of the decision. The Superintendent will rule on the appeal within ten days of the appeal.
4. The athlete will remain ineligible during the time of the appeal.



**Sample Pledge Card**

Name \_\_\_\_\_ Date \_\_\_\_\_

We, as parents and athlete, have carefully read the D.C. Everest Senior/Junior High/Middle School Athletic Handbook.

We recognize the importance of the following coaches' instructions regarding playing techniques, training and other team rules, and to agree to obey such instructions. In consideration of the D.C. Everest School District permitting my child to try out for the DCE sport team(s) and to engage in all activities related to the sport, I hereby assume all the risks associated with participation and agree to hold the D.C. Everest School District harmless from any liability, which may arise in connection with my participation in sports. I do voluntarily choose to participate in DCE athletics in spite of inherent risks.

I hereby give my permission for the above named student to compete in sports at D.C. Everest Senior/Junior High/Middle School.

I agree to provide a health and accident insurance program for my son or daughter (if not already covered by a family plan) that will provide coverage in the event of injury while participating in sports at D.C. Everest Senior/Junior High/Middle School.

Signatures below indicate that we have read this handbook and the above statement, understand it, and agree to abide by the rules therein. As an athlete of D.C. Everest Schools, I pledge to abide by these rules set forth in the Athletic Handbook. I will conduct myself in accordance with the highest standards of what is expected of an athlete.

\_\_\_\_\_  
Parent or Guardian Signature

\_\_\_\_\_  
Insurance Carrier

\_\_\_\_\_  
*Athlete's Signature*

\_\_\_\_\_  
*Insurer's Address*

\_\_\_\_\_  
Street

\_\_\_\_\_  
Insurer's City

\_\_\_\_\_  
City

\_\_\_\_\_  
Phone Number

\_\_\_\_\_  
Date Athletic Handbook Issued

This agreement is valid beginning with the 6th grade and ending after 12th grade, but must be returned yearly. (revised 5/06)